

### The FOTO Elbow/Wrist/Hand Functional Status 10-item Short Form

Thank you for choosing to complete this assessment. These questions help your clinician create, monitor, and adjust your treatment plan over time.

**There are no wrong answers. We want to know what YOU think.**

**When answering the questions, remember the following points:**

- These questions are related to the **specific problem for which you are receiving treatment at this clinic**, rather than your overall health or unrelated medical problems.
- Answer these questions based on your status over the **past few days**.
- If you feel a question does not **exactly** apply to you or your current condition, choose the answer that fits best.
- This assessment may ask questions about activities you **cannot** or **do not currently** do. This is intentional. Understanding the full scope of activities that you can and cannot do is valuable when assessing your functional level.

*If you do not do or have not done this activity, please make your best guess as to which response is most accurate.*

Are you able to...	Extreme difficulty or unable to perform	Quite a bit of difficulty	Moderate difficulty	A little bit of difficulty	No difficulty
Put on a pullover sweater with your affected arm/hand?					
Turn a key with your affected arm/hand?					
Carry a small suitcase with your affected arm/hand?					
Wash your back with your affected arm/hand?					
Carry a shopping bag or briefcase with your affected arm/hand?					
Do heavy household chores (e.g., washing windows or floors) with your affected arm/hand?					
Launder clothes (e.g., wash, iron, fold) with your affected arm/hand?					
Do up buttons with your affected arm/hand?					
Open a tight or new jar with your affected arm/hand?					
Open doors with your affected arm/hand?					

### The FOTO Elbow/Wrist/Hand Functional Status 10-item Short Form Scoring Algorithm

**Scoring Instructions:** The respondent must answer all of the functional questions. If any questions are skipped, the measure cannot be scored. Score the measure by summing all responses. The sum should range between 10 and 50. Find the sum in the left column and select the functional status (FS) measure score in the right column. Extreme difficulty or unable to perform = 1, Quite a bit of difficulty = 2, Moderate difficulty = 3, A little bit of difficulty = 4, No difficulty = 5.

Sum	FS Score
10	0
11	18
12	24
13	27
14	30
15	32
16	34
17	36
18	37
19	38
20	40
21	41
22	42
23	43
24	44
25	45
26	46
27	47
28	48
29	49

30	50
31	50
32	51
33	52
34	53
35	54
36	55
37	56
38	57
39	58
40	59
41	61
42	62
43	63
44	65
45	67
46	69
47	71
48	74
49	80
50	100

For more information about FOTO patient-reported outcome measures and risk adjustment, visit <https://fotoinc.com/peer-reviewed-articles/>