

Patient Name: _____ DOB: _____

The FOTO Neck Functional Status 10-item Short Form

Thank you for choosing to complete this assessment. These questions help your clinician create, monitor, and adjust your treatment plan over time.

There are no wrong answers. We want to know what YOU think.

When answering the questions, remember the following points:

- These questions are related to the **specific problem for which you are receiving treatment at this clinic**, rather than your overall health or unrelated medical problems.
- Answer these questions based on your status over the **past few days**.
- If you feel a question does not **exactly** apply to you or your current condition, choose the answer that fits best.

This assessment may ask questions about activities you **cannot** or **do not currently** do. This is intentional. Understanding the full scope of activities that you can and cannot do is valuable when assessing your functional level.

Because of your neck, how much difficulty do you have:	Extreme Difficulty or Unable to Perform	Quite a Bit of Difficulty	Moderate Difficulty	Little Bit of Difficulty	No Difficulty
Looking up to see a bird?					
Performing personal care activities like washing, dressing, bathing?					
Moving your head quickly, such as following a loud noise?					
Performing recreational activities that require little effort (eg, card playing, knitting, etc.)?					
Turning to look behind you to drive a car?					
Turning over in bed?					
Sitting and reading a book for 1 hour?					
Changing a light bulb overhead?					
Sitting, performing light desk work for 8 hours?					
Performing recreational activities in which you take some force or impact (eg, golf, hammering, tennis, etc.)?					

The FOTO Neck Functional Status 10-item Short Form Scoring Algorithm

Scoring Instructions: The respondent must answer all of the functional questions. If any questions are skipped, the measure cannot be scored. Score the measure by summing all responses. The sum should range between 10 and 50. Find the sum in the left column and select the functional status measure score in the right column. Extreme difficulty or unable to perform = 1, Quite a bit of difficulty = 2, Moderate difficulty = 3, A little bit of difficulty = 4, No difficulty = 5.

Sum	FS Measure
10	0.0
11	18.4
12	24.1
13	27.6
14	30.2
15	32.3
16	34.1
17	35.7
18	37.1
19	38.4
20	39.6
21	40.8
22	41.9
23	42.9
24	43.9
25	44.9
26	45.9
27	46.8
28	47.8
29	48.7

30	49.6
31	50.5
32	51.4
33	52.4
34	53.3
35	54.3
36	55.3
37	56.4
38	57.4
39	58.6
40	59.8
41	61.1
42	62.5
43	64.0
44	65.7
45	67.6
46	69.8
47	72.6
48	76.2
49	82.0
50	100.0

For more information about FOTO patient-reported outcome measures and risk adjustment, visit <https://fotoinc.com/peer-reviewed-articles/>