

Patient: \_\_\_\_\_ DOB: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Precautions: \_\_\_\_\_

Frequency: \_\_\_\_\_ times/week Duration: \_\_\_\_\_ weeks

### ■ Evaluate & Treat

#### Therapeutic Exercise

- ROM (P, A/A, A)
- Flexibility
- Strengthening
- Stabilization
- Postural Training
- Body Mechanics
- Gait Training
- Balance/Proprioception
- Fall Risk Assessment

#### Modalities

- Moist Heat
- Ultrasound
- Electrical Stimulation
- Iontophoresis
- Biofeedback
- Traction: Cervical/Lumbar

#### Manual Therapy

- Joint Mobilization
- Myofascial Release
- Soft Tissue Mobilization
- Muscle Energy Technique
- Manual Traction

#### Rehab per Protocol

- Ankle
  - Ligament Reconstruction

#### Joint Replacement

- TKA
- THA
- TSA

#### Knee

- Lateral Release
- ACL
- Meniscectomy
- Meniscal Repair
- Patella Re-alignment
- VMO

#### Shoulder

- Impingement
- Subacromial Decompression
- Rotator Cuff Repair
- Bankhart/SLAP Repair

#### Weight Bearing

- WBAT
- NWB \_\_\_ Weeks
- PWB \_\_\_% / # \_\_\_ Weeks
- TTWB \_\_\_ Weeks

#### Work Conditioning

#### Neuromuscular Re-Ed

#### Sports Rehab

Sport Specific Training: \_\_\_\_\_

Other: \_\_\_\_\_

Special Instructions: \_\_\_\_\_

*I certify that the above ordered treatment for therapy is medically necessary.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**DO NOT EMAIL PRESCRIPTION** The electronic prescription form is provided for your convenience. With respect to responding to this form, please do not send the prescription via email. Please populate, print and sign a hardcopy that may be faxed, mailed or hand delivered to the clinic.

# West Texas

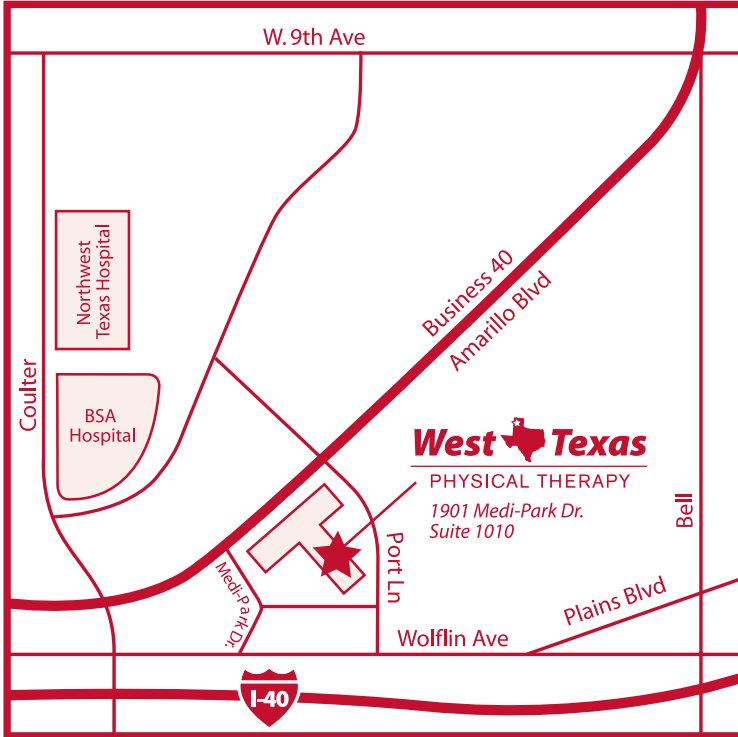
## PHYSICAL THERAPY

1901 Medi-Park Dr., Suite 1010  
Amarillo, TX 79106

**Telephone: (806) 353-5425**

**Fax: (806) 353-5445**

**[www.westtexaspt.com](http://www.westtexaspt.com)**



★ Enter Building B. We are accessible through doors 4, 5, 10, and 11

### **JUST A REMINDER:**

Please bring this referral slip with you on your first visit.  
Please arrive 15 minutes before your scheduled appointment to complete the necessary paperwork.  
Evaluations (1st visit) usually last 1 to 2 hours.

### **WHAT TO WEAR:**

Please wear/bring comfortable clothing (e.g. T-shirt, shorts, or sweatpants) and sneakers.